

# Strut Binding

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This is the thread I am using in this example.



You can get it here:

[https://smile.amazon.com/RUNCL-PowerBraid-Braided-Fishing-Durable/dp/B07GB37RQ5/ref=sr\\_1\\_9](https://smile.amazon.com/RUNCL-PowerBraid-Braided-Fishing-Durable/dp/B07GB37RQ5/ref=sr_1_9)

I made up a dummy spar and this is it with the inside facing up .Make a loop in the thread that is longer than the length of the binding and hold it onto the spar like this.



Hold one end and start to tightly bind the other end around the spar .I am doing that in an anti-clockwise direction so the line I am binding is coming from the back of the spar.





In this example this is as far as the binding is going, on yours it should be long enough to cover the length of the metal insert.



Now thread the binding line through the loop.



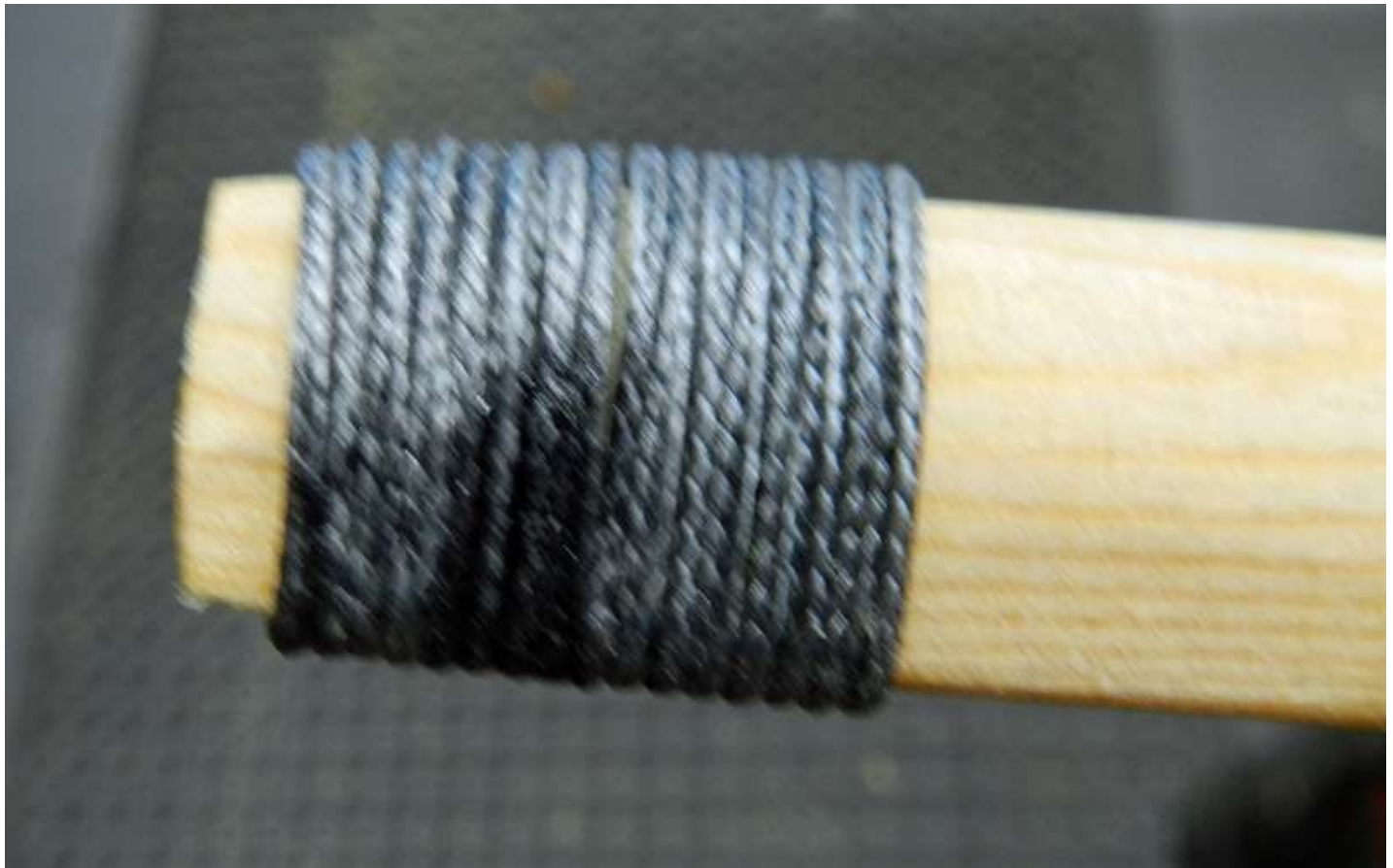
This next part is tricky, and another pair of hands is helpful. While holding the binding tightly where you started, pull the other end of the line that is through the loop down under the binding until you get it half way under the binding.



Now put a small drop of C/A on that place where the line and the loop are and if the strut tapers at the bottom another drop there to secure it.



Carefully cut of both ends of the thread with a sharp Xacto knife and it should look like this No Knots, no loose ends!



One last comment and you may be aware of this, but when staining wood parts I strongly recommend giving all those parts a coat of Varathane Wood Conditioner before applying any stain. The reason is that the density of the wood varies and without using the conditioner first the stain absorbs more where the wood is less dense and you get a different color on those parts. If you use a wood conditioner first that will not happen.